

CASTLEBAR PARISH NEWSLETTER

Website: www.castlebarparish.ie

email: cbarpres@eircom.net

Sunday Mass times

Parish Church: 7pm (Sat), 8.30am, 10.30am, 12pm Ballyheane Church: 8pm (Sat) Breaffy Church: 10am, 11.30am

PRIEST ON CALL: tel 094 9021844



Mass Intentions for the Week

PARISH CHURCH

Monday 16th July:

10.00am - Ms Kennedy & relatives, Spencer Street. Anne & John Jennings, Ballyheane.
Liam Newell, Cork & Castlebar. (1st Anv.)

7.00pm - Michael, Margaret & Eneas McNulty, Upper Charles Street.

Tuesday 17th July:

10.00am - Special intention.

Wednesday 18th July:

8.00am - Special Intention.

10.00am - Joe & Catherine Redmond, McHale Road, daughter Sr. Josephine, Australia & dec Redmond & O'Boyle families.

John (Seán) Kenny, Tara Court.

Jack & Tommy Blaine & dec Blaine & Dunne families.

Thursday 19th July:

10.00am - Thomas Durcan & family, Main Street.

Friday 20th July:

8.00am - Margaret Bently, Wexford.

10.00am - John McGreal, Dublin & Ballaghaderreen. (1st Anv.)

Saturday 21st July:

10.00am - Noel King, Riverdale Court. Frank & Una Griffin, Station Road.

Keegan family, Chapel Street.

Padraig McTigue, Tullycommons & dec relatives.

Hilda Coyne, Snugboro.



BREAFFY CHURCH

Mon 16th July: 7.30pm - Tony Kinsella. (1st Anv.)

Wed 18th July: 7.30pm - Private Intention.

Fri 20th July: 7.30pm - Mary & Mick Kearns & dec Corcoran & Kearns families

Sat 21st July: 10.00am - Private Intention.

Sun 22nd July: 10.00am - Private Intention.

11.30am - Anne & John Joe Mitchell & dec Mitchell & Londra families.

BALLYHEANE CHURCH

Sat 21st July: 8.00pm - Private Intention.

ALTAR SERVERS

6 th Class – Sun 22 nd	
8 30am	- B
10 30am	- C
12 00pm	- D



ALTAR SOCIETY: 21st July

Nora Griffith
Gabrielle Maloney

Brid Haugh
Teresa Quinn

DAILY READERS

Mon - Maureen Tobin
Tues - Maureen Carroll
Wed - Chris Millett
Thurs - Norah Walshe
Fri - Mary Higgins



MINISTERS OF THE WORD: 21st/22nd July

7.00pm - Colin Kneafsey
8.30am - Eiveleen Horan
10.30am - Máire English
12.00pm - Eileen Gavin

REST IN PEACE

Marie Mulligan, The Willows, Springfield.

Maureen Barrett, Carrickhill, Breaffy.

Anthony (Tony) McCarthy, England, father of Stephen McCarthy, Springfield.

Mary Brophy, St. Bridget's Crescent.

MASS IN THE OLD CEMETERY

Friday 3rd August - 7.30pm



A Refresher on the Holy Eucharist

You might have noticed that over the last number of weeks at Mass people have been able to also receive Holy Communion from the Chalice as well as the Sacred Host. This gives us an opportunity to review some important points to keep in mind as we approach the Most Holy Sacrament.

1) Language- I can see a serious pastoral need to emphasise the TRUE PRESENCE of Jesus in the Holy Eucharist. Modernity's lack of attention to the spiritual has obscured this truth, even for practicing Catholics. His presence is not symbolic but real and substantial. So, I recommend the careful avoidance of language that doesn't capture the true nature of the Eucharist and to use instead the traditional terms describing the Eucharist: **Holy Communion, The Most Blessed Sacrament, The Sacred Host, The Body of Christ, The Most Precious Blood**, etc.

2) Good Preparation- All are welcome and encouraged to receive Holy Communion. However, for such a significant encounter with God Himself we need to make sure we are ready. Each one of us approaching the Altar have to examine ourselves to make sure we are in a state of Grace (having carefully avoided mortal sin since our last confession) and have fasted for one hour before receiving Holy Communion. It is good to mentally prepare for such a significant thing by coming to Mass in good time so we can calm ourselves and be recollected before Mass starts.

3) Receiving Holy Communion - Small things are worth reminding ourselves: We make sure our hands are clean and that we're not chewing gum before we come into Mass. Then when we receive the Sacred Host -if we do so on the hand- we consume Holy Communion right there in front of the priest/minister. We must protect the Blessed Sacrament from anyone who (either through ignorance or some other motivation) would fail to treat Our Lord with the dignity He deserves. When we receive from the Chalice you answer 'Amen' to the minister's invitation 'The Blood of Christ', then you take the chalice in your hands and drink a small amount, aware of the others who would also like to receive the Most Precious Blood.

4) After Receiving - This is a most sacred and special moment. You are never closer to Our Lord than in those very moments when He is physically and spiritually present within you. Savour those moments! I write to myself here too. It's good for us to stay after Mass for even a few minutes of thanksgiving and never to leave Mass before the final blessing, even to beat the traffic, unless we're in a true emergency situation. God has come to spend time and be with us. Taking 45-50 minutes to witness the greatest miracle since Christ's Incarnation is not too much for any of us.

I hope the presence of Our Lord brings you every blessing, peace and joy! Yours, Fr. Shane

The Chaplet of Divine Mercy

The Chaplet of Divine Mercy will be recited in Victoria Place on Thurs July 19th at 7pm. All are welcome.

Tochar Phádraig Pilgrim Walk from Ballintubber Abbey

Reek Sunday 29th July departing the Abbey at 8.30am. A backup car will accompany all the walkers to the end. Contact Ballintubber Abbey Office at 094 9030934.

Medjugorje Pilgrimage - 26th Sept to Oct 3rd

Present for monthly apparition on Oct 2nd. Departure from Knock Airport. For info tel Detta Molloy at 086 8197111.

Jesuit Week / Week of Ignatian Spirituality 24th to 31st July at Knock Shrine

Two 20 mins sessions daily at 11.05am and 7.05pm and also a preached retreat each day in the Prayer Guidance Centre with Mass at 3pm in the Basilica. All welcome. No booking required. Details at www.knockshrine.ie/events

Reek Sunday - July 29th

The annual pilgrimage to Croagh Patrick takes place on Sun 29th July. Confessions: 7.30am to 2pm. Mass will be celebrated hourly from 8am to 2pm.

Children's Blessing Ceremony

As part of Family Focus Week at Knock Shrine, there will be a special blessing ceremony of all young children (aged 0-12yrs) on Sat, July 21st in the basilica at 12 noon. Each child will get a medal after the blessing. All are welcome.

Catholic Grandparents Association

Grandparents, Parents and Grandchildren are invited to the 'Grandparent's thanksgiving Mass' in Tuam Cathedral on Thurs 26th July at 10am.

This is the Tuam diocesan celebratory Mass to acknowledge the contribution that Grandparents have played in passing on their faith to their children and grandchildren. Light refreshments will be served afterwards in the Parish Centre.

All are welcome.